



VMAP
VIRGINIA MENTAL HEALTH
ACCESS PROGRAM

Pearls & Pitfalls

in Providing Pediatric Mental Healthcare

- Held virtually twice a month at 7pm (2nd and 4th Wednesdays)
- Join collaborative and interactive conversations on curated topics
- Gain real-world advice on navigating complicated situations in daily practice
- Attend from the comfort of your home (or wherever you are!)
- Up to **17 AMA PRA Category 1 Credits™** available, one per session; join any or all!

Register Here:

or visit us online at
bit.ly/pearls-and-pitfalls



September Topics

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I Don't Recognize This Kid! Irritable Adolescents

• Bela Sood, MD | *Child & Adolescent Psychiatrist, Richmond, VA; Children's Hospital of Richmond at VCU*

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What's Changing, What Matters: A Fresh Look at Youth Substance Use

• Paula Riggs, MD | *Professor of Psychiatry, University of Colorado*

October Topics

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Little Kids with Atypical Behaviors: How to Support Families

• Bergen Nelson, MD, MS | *Associate Professor, School of Medicine, Virginia Commonwealth University*
• Deanna McGuire Buck, MEd | *Affiliate Faculty Member, Virginia Commonwealth University*
• Joy Stryko, MSN, AGACNP-BCNP | *Transplant Surgery Team, VCU Health*

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Little Kids in Big Systems: How Do I Get Help?

• Bergen Nelson, MD, MS | *Associate Professor, School of Medicine, Virginia Commonwealth University*
• Deanna McGuire Buck, MEd | *Affiliate Faculty Member, Virginia Commonwealth University*
• Megan Prior, MD, FAAP | *Primary Care Pediatrician, Children's National Medical Center*

November Topics

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Bite Sized CBT: Making Something Happen in 5 Minutes!

• Peter Dozier, MD | *Child & Adolescent Psychiatrist, Norfolk, VA*
• Jackie Cotton, MD | *VMAP REACH and Project ECHO Faculty, REACH National Faculty*
• Connie Catarazoli, PhD | *Section Chief, Pediatric Mental Health, Associate Professor of Psychology in Clinical Pediatrics, Weill Cornell Medicine, NY*

