

Pearls & Pitfalls

in Providing Pediatric Mental Healthcare

Register Here:



or visit us online at bit.ly/pearls-and-pitfalls



- Held virtually twice a month at 7pm (2nd and 4th Wednesdays)
- Join collaborative and interactive conversations on curated topics
- Gain real-world advice on navigating complicated situations in daily practice
- Attend from the comfort of your home (or wherever you are!)
- Up to **17 AMA PRA Category 1 Credits** available, one per session; join any or all!

March Topics

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The Rest of the Story: Using Narrative Medicine to Promote Well-Being

Brian K. Unwin, MD | *Professor of Medicine, Family, & Community Medicine, Virginia Tech Carilion School of Medicine*

Cynthia Unwin, PHD | *Children's Author & Assistant Professor, Virginia Tech Carilion School of Medicine*

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Sticks and Stones: Kind Words for Challenging Behaviors

Peter Dozier, MD | *Child and Adolescent Psychiatrist, Norfolk, VA*

April Topics

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Non-Suicidal Self Injury: What It Is (and Isn't) and What to Do About It

Kate Liebesny, MD | *Child and Adolescent Psychiatrist, Carilion Clinic*

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OCD: Anxiety's Sneaky Cousin

Jim Wallace, MD | *Associate Clinical Professor of Psychiatry, University of Rochester*

May Topics

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Trauma is a Hard Topic

Ravi Singh, MD | *Child and Adolescent Psychiatrist, INOVA Keller Center*

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Thread of Wellness: Weaving Behavioral Health and Medical Complexity

Patricia McDade, DNP | *Pediatric Nurse Practitioner, Fairfax Pediatric Associates*

Julia Richardson, LCSW | *VMAP State LMHP Lead, INOVA Keller Center, Senior Manager Outpatient Treatment Programs*