VMAP ECHO
— 2027 —

VMAP

Birth to Five: A Deeper Dive



This VMAP ECHO cohort addresses infant and early childhood **mental, emotional, behavioral, and developmental** health concerns that arise in busy primary care practices. With a focus on neurodevelopmental factors and implications, each session teaches skills in early support and intervention.

Register at **vmap.org/ECHO**
or scan the QR Code to the left!
Questions? **echo@vmap.org**

Join us for this accredited learning opportunity!

Topics Include:

- Challenging behaviors in early childhood
- Early childhood mental health assessments
- Early childhood attachment & anxiety issues
- ADHD in preschoolers
- Sleep challenges in early childhood
- Tantrums, discipline, & spanking

WHO:

Virginia PCCs Treating Patients 5 & under

WHEN:

Jan - Nov 2027
4th Thursdays, 12-1 PM

Visit us online at **vmap.org** | **@vmapva**

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Project ECHO®

Virginia Chapter Incorporated in Virginia American Academy of Pediatrics

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