

# Virginia Mental Health Access Program

The Virginia Mental Health Access Program (VMAP) and VMAP for Moms+ offer **free same-day consultation** and **care navigation** for your pediatric and perinatal patients, along with **CME opportunities** in pediatric and perinatal mental health.



Call **888-371-VMAP (8627)**



**VMAP**  
For Moms+

## Press 1

Virginia prescribers who care for pregnant and postpartum individuals and/or their families can call to connect with experts like:

- Perinatal Psychiatrists
- Perinatal Licensed Mental Health Professionals
- Care Navigators



**VMAP**  
Virginia Mental Health  
Access Program

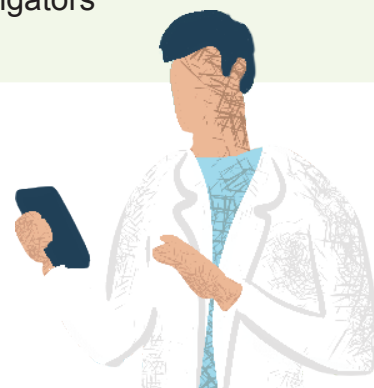
## Press 2

Virginia PCPs who care for patients 21 & under can call to connect with experts like:

- Child & Adolescent Psychiatrists
- Developmental Pediatricians
- Licensed Mental Health Professionals
- Care Navigators



Scan the QR code to register with **VMAP** and **VMAP for Moms+**



Learn more about **VMAP** and **VMAP for Moms+** at [vmap.org](http://vmap.org)



@VMAPva