



VMAP ECHO

— 2025 —

Common Conditions in
Pediatric & Adolescent
Mental Health

This VMAP ECHO cohort emphasizes screening and response in the primary care setting by giving PCPs the skills they need to integrate an understanding of mental health into pediatric primary care. In each session, PCPs will build valuable connections and referral resources for patients and their families.



Register at vmap.org/ECHO
or scan the QR Code to the left!
Questions? echo@vmap.org

Topics Include:

- Mild & moderate depression
- Suicidality & safety planning
- Anxiety disorders
- ADHD & co-occurring conditions
- PTSD & trauma
- Pediatric psychosis
- Substance use disorder
- Eating disorders
- Irritability & emotional dysregulation

WHO:

Virginia PCPs Treating
Patients 21 & Under



WHEN:

Jan - Nov 2025
3rd Thursdays, 12-1 PM

CME Opportunity:
Qualify for up to 75 CE/CME points,
including MOC-2 and optional MOC-4!



Accreditation Information: This program is approved as a Continuing Medical Education (CME) Maintenance of Certification Performance Improvement Project, which qualifies participants to receive up to the following credits: 25 AMA PRA Category 1 credits™; 25 ABMS (Maintenance of Certification) MOC Part 2 or Self-Assessment credits*; 25 MOC Part 4 or Performance Improvement credits*. In order to be awarded credits for participation, all project requirements must be met. The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The UVA Office of Continuing Medical Education is an ABMS Multi-Specialty Portfolio Sponsor. *for participating boards