

# STRONGER STARTS

Lunch & Learn Series for Primary Care Clinicians

## Prevention starts early—and it starts with well-visits.

Stronger Starts is a practical lunch & learn series focused on helping clinicians support healthy early childhood development during routine pediatric visits.

### What You'll Gain

Simple, evidence-based strategies to strengthen early development:

- ✓ Spot developmental risks early and know how to respond
- ✓ Strengthen parent-child bonds to prevent behavioral/emotional challenges
- ✓ Deliver anticipatory guidance that reduces future health concerns
- ✓ Support resilience and healthy development in your patient's earliest years

Designed to fit seamlessly into well-visits!

Earn CME!  
6 CME/MOC-2  
& MOC-4

### Evidence-Based & Practical

Led by expert faculty and grounded in the Keystones of Development curriculum from Mount Sinai Parenting Center—participants leave with real-world tools and resources for families.

### Who Should Attend

Primary care clinicians providing well-visits for children ages 5 and under.

### Program Details

**When:** Twice a month, Wednesdays from 12–1 PM

**Dates:** September 2–November 18

**Where:** Virtual



### Learn More

Scan the QR code for details and registration

