



Virginia's Mental Health Access Programs

These mental health access programs offer **mental health consultation, care navigation, and CME trainings** for healthcare professionals

Call the line at **888-371-8627**

Are you a **prescribing clinician** who sees...



VMAP
FOR MOMS+

Pregnant and postpartum patients and/or their children

Call & press 1 to connect with:

- ✓ Perinatal Psychiatrists
- ✓ Perinatal Licensed Mental Health Professionals
- ✓ Care Navigators



VMAP
VIRGINIA MENTAL HEALTH
ACCESS PROGRAM

Patients 21 & under with mental health concerns

Call & press 2 to connect with:

- ✓ Child/Adolescent Psychiatrists
- ✓ Developmental Pediatricians
- ✓ Licensed Mental Health Professionals
- ✓ Care Navigators



APAL
ADULT PSYCHIATRIC
ACCESS LINE

Adult patients with mental and/or behavioral health concerns

Call & press 3 to connect with:

- ✓ Adult Psychiatric and Physician Specialists
- ✓ Licensed Mental Health Professionals
- ✓ Care Navigators

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Register now at healthhaven.org/register