



Virginia's Mental Health Access Programs

These mental health access programs offer **mental health consultation, care navigation, and CME trainings** for healthcare professionals

Call the line at **888-371-8627**

Are you a **healthcare professional** who sees...



VMAP
FOR MOMS+

Pregnant and postpartum patients and/or their children

Call & **press 1** to connect with:

- ✓ Perinatal Psychiatrists
- ✓ Perinatal Licensed Mental Health Professionals
- ✓ Care Navigators



VMAP
VIRGINIA MENTAL HEALTH
ACCESS PROGRAM

Patients 21 & under with mental health concerns

Call & **press 2** to connect with:

- ✓ Child/Adolescent Psychiatrists
- ✓ Developmental Pediatricians
- ✓ Licensed Mental Health Professionals
- ✓ Care Navigators



APAL
ADULT PSYCHIATRIC
ACCESS LINE

Adult patients with behavioral health and/or substance use concerns

Call & **press 3** to connect with:

- ✓ Adult Psychiatric Specialists
- ✓ Addiction Medicine Specialists (18+)
- ✓ Licensed Mental Health Professionals
- ✓ Care Navigators