



APAL

ADULT PSYCHIATRIC ACCESS LINE

Free statewide support for Virginia primary care clinicians (PCCs) who see adult patients with behavioral health concerns!



The Call Line

Free, same-day consultation for Virginia PCCs regarding adult patients with mental and behavioral health concerns.

888-371-8627

and press 3 to speak with:

- Psychiatric & physician specialists
- Clinical pharmacists
- Licensed mental health professionals

PCCs can also access **care navigation** to help their patients connect with local mental health resources.



Register with APAL

Continuing Medical Education

APAL offers **low-cost, expert-led continuing medical education (CME)** designed to help primary care clinicians build confidence in identifying, assessing, and managing adult mental health conditions, including:

- **REACH Adult Behavioral Health (ABH):**
Build practical skills for managing adult mental health conditions in primary care
- **APAL ECHO Series:**
Learn from experts on specialized and high-interest adult mental health topics



See Upcoming Trainings

Learn more about APAL at apal.org | [f](#) [in](#) [@](#) | [@apal.va](#)

APAL is a state-funded program available to Virginia prescribing clinicians at no cost!