



APAL

ADULT PSYCHIATRIC ACCESS LINE

Free statewide support for Virginia primary care clinicians (PCCs) who see adult patients with behavioral health and/or substance use concerns!



The Call Line

Free, same-day consultation for Virginia PCCs regarding adult patients with behavioral health and/or substance use concerns.

888-371-8627

and press 3 to speak with:

- Psychiatric specialists
- Addiction medicine specialists
- Clinical pharmacists
- Licensed mental health professionals

PCCs can also access **care navigation** to help their patients connect with local mental health resources.



Learn About The Call Line

Continuing Medical Education

APAL offers **low-cost, expert-led continuing medical education (CME) trainings** focused on adult behavioral health in primary care settings.

Its core offering, **The REACH Institute's Adult Behavioral Health in Primary Care (ABH)** course, builds skills and confidence in assessing, managing, and treating adult behavioral health conditions encountered in daily practice.



See Upcoming Trainings