VMAP
FOR MOMS+

# Virginia Mental Health Access Program

## A Free Statewide Program



VMAP for Moms+ is for Virginia prescribing clinicians who provide care to pregnant and postpartum individuals and/or their children, including:

- OB/GYNs
- Pediatricians
- Midwives
- Primary care clinicians
- Psychiatrists

## VMAP for Moms+ Line

For **free, same-day consultation** regarding the mental health of a pregnant or postpartum individual, call:

**888-371-VMAP (8627)**
and **press 1**

**To connect with:**

- Perinatal psychiatrists
- Perinatal licensed mental health professionals
- Care navigators who help pregnant and postpartum individuals connect directly with local mental health resources

## Continuing Medical Education

VMAP offers CME trainings on **screening, diagnosing, and treating perinatal mental health conditions.**

Any Virginia prescribing clinician who provides care to pregnant and postpartum individuals and/or their children is invited to register.

### Explore Upcoming Trainings

Learn more and register at **vmapformoms.org** | **@VMAPva**