



VMAP For Moms+

Virginia Mental Health Access Program

A Free Statewide Program

VMAP for Moms+ is for Virginia prescribers who provide care to pregnant and postpartum individuals and/or their children, including:

- OB/GYNs
- Pediatricians
- Midwives
- Primary care clinicians
- Psychiatrists



VMAP for Moms+ Line

For **free same-day consultation** regarding the mental health of a pregnant or postpartum individual, call:

888-371-VMAP (8627)
and **press 1** Mon-Fri, 9-5 PM

To connect with:

- Perinatal psychiatrists
- Perinatal licensed mental health professionals
- Care navigators who help the pregnant or postpartum individuals connect directly with local mental health resources

VMAP for Moms+ Provider Education

VMAP is offering CME/CE trainings on **screening, diagnosing, and treating perinatal mental health conditions.**

Any Virginia prescriber who provides care to pregnant and postpartum individuals and/or their children is invited to register!

Scan to learn more!

