



VMAP ECHO

— 2026 —

Common Conditions in Pediatric & Adolescent Mental Health

This VMAP ECHO cohort emphasizes screening and response in the primary care setting by giving PCPs the skills they need to integrate an understanding of mental health into pediatric primary care. In each session, PCPs will build valuable connections and referral resources for patients and their families.



Register at vmap.org/ECHO
or scan the QR Code to the left!
Questions? echo@vmap.org



CME Opportunity:
Earn up to 20 CME & MOC-2
and 25 MOC-4 points!

WHO:

Virginia PCPs Treating
Pediatric Patients

WHEN:

Jan - Nov 2026
3rd Thursdays, 12-1 PM

Topics Include:

- Mild & moderate depression
- Suicidality & safety planning
- Anxiety disorders
- ADHD & co-occurring conditions
- PTSD & trauma
- Pediatric psychosis
- Substance use disorder
- Eating disorders
- Irritability & emotional dysregulation



Accreditation Information: this program is approved as a Continuing Medical Education (CME) Maintenance of Certification Performance Improvement Project, which qualifies participants to receive up to the following credits: **20 AMA PRA Category 1 credits™**; 20 ABMS (Maintenance of Certification) MOC Part 2 or Self-Assessment credits*; 25 MOC Part 4 or Performance Improvement credits.* In order to be awarded credits for participation, all project requirements must be met. The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The UVA Office of Continuing Medical Education is an ABMS Multi-Specialty Portfolio Sponsor. *for participating boards. University School of Medicine designates this live activity for a maximum of **20 AMA PRA Category 1 credits™**. Physicians should only claim the credit commensurate with the extent of their participation in the activity.