

## Adult Psychiatric Access Line (APAL)

Free consultation and care navigation regarding adult patients with behavioral health concerns

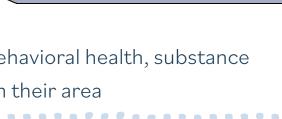
Virginia PCPs: You can call

1-888-371-8627

and press 3 to speak with:

- Psychiatrists
- Addiction medicine specialists
- Clinical pharmacists
- Licensed mental health professionals
- ► Care navigators who refer patients to behavioral health, substance use conditions, and other vital resources in their area









The Adult Psychiatric Access Line (APAL) is a project of HealthHaven that offers sameday mental health consultation and care navigation for Virginia PCPs concerning an adult patient (18 or older) with behavioral health concerns. APAL is available statewide, and there is no cost to PCPs or their patients for services.