



APAL

ADULT PSYCHIATRIC
ACCESS LINE

When Should You Call APAL?



An adult patient presents
with **behavioral health concerns**



You need **advice from a behavioral health specialist**
and/or **assistance finding services** for your patient



Call APAL:
1-888-371-8627 x 3

Request **one or both** services

Request an APAL
Clinical Consultation

APAL provides consultation from:

- ▶ Psychiatric & physician specialists
- ▶ Clinical pharmacists
- ▶ Licensed mental health professionals

Request APAL
Care Navigation

The APAL care navigation team **works directly with your patient** to help connect them to mental health services and **provides follow-up communication with you** on recommendations provided.

Any Virginia primary care clinician (PCC) who needs support regarding an adult with behavioral health concerns can call APAL.
Our services are completely free and available anywhere in Virginia.