The REACH Institute:

Adult Behavioral Health in Primary Care

A CME Opportunity for Virginia Primary Care Clinicians



The Adult Psychiatric Access Line (APAL) is excited to offer an in-depth CME training in behavioral health!

The REACH Institute: **Adult Behavioral Health in Primary Care (ABH)** empowers Virginia PCCs to gain skills and confidence in assessing, managing, and treating behavioral health conditions encountered in daily practice.

How REACH ABH Works

3-Day Virtual Training:
Start by joining us virtually **Friday through Sunday, November 6-8, 2026**. In these 3 days, you will engage with expert faculty and peers in interactive sessions that equip you with the skills to assess, manage, and treat adult behavioral health concerns in a primary care setting.

Bi-Monthly Case-Based Learning Calls:
In the four months that follow this training, you will join twice-monthly calls led by a REACH family physician-psychiatrist faculty team and learn how to manage adult behavioral health issues based on participants' actual cases.

Earn up to **25.5 CME credits** for only a **$100** registration fee!

Scan now to register!

You'll Learn How To...

- Correctly identify and differentiate among behavioral health issues such as anxiety and somatic symptoms, depression, chronic pain, adult ADHD, psychosis, and bipolar disorder
- Create and implement a comprehensive and effective treatment plan
- Effectively manage psychopharmacology: select medications, initiate and taper dosages, monitor improvements, and identify and minimize medication side effects

APAL ADULT PSYCHIATRIC ACCESS LINE

The REACH Institute

MSV℠ MEDICAL SOCIETY OF VIRGINIA

JOINTLY ACCREDITED PROVIDER™ WITH COMMENDATION INTERPROFESSIONAL CONTINUING EDUCATION

VAFP VIRGINIA'S FAMILY PHYSICIANS

Credit Designation Statements: In support of improving patient care, this activity has been planned and implemented by the University of Arkansas for Medical Sciences and The REACH Institute. University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.
AMA Statement: The University of Arkansas for Medical Sciences designates this live activity for a maximum of ***25.5 AMA PRA Category 1 Credits™***. Participants should claim only the credit commensurate with the extent of their participation in the activity.
ANCC Statement: The University of Arkansas for Medical Sciences designates this live activity for a maximum of 25.5 ANCC contact hours. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation materials.
AAPA Statement: The University of Arkansas for Medical Sciences has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CE credit for activities planned in accordance with AAPA CE Criteria. This activity is designated for 25.5 AAPA Category 1 CE credits. PAs should only claim credit commensurate with the extent of their participation.
AAFP Statement: The AAFP has reviewed Adult Behavioral Health in Primary Care and deemed it acceptable for up to 24.25 Live AAFP Prescribed credit(s). Term of Approval is from 11/06/2026 to 03/10/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.