

When Should You Call APAL?

1-888-371-8627 x 3

An adult patient presents
with **behavioral health concerns**

You need **advice from a behavioral health specialist**
and/or **assistance finding care** for your patient

Request an APAL
Clinical Consultation

APAL provides **consultation and case support** from addiction medicine specialists (18+), adult psychiatrists, clinical pharmacists, and licensed mental health professionals

Request APAL
Care Navigation

The APAL care navigation team will help you **navigate local referrals and resources**, and will follow up to ensure your patient gets the help they need

Any Virginia primary care provider who needs support regarding an adult with behavioral health concerns can call APAL.
Our services are completely free and available anywhere in Virginia.