

Virginia's Mental Health Access Programs

These mental health access programs offer **mental health consultation, care navigation, and CME trainings** for healthcare professionals.

Call the mental health access lines now:

888-371-8627



Are you a **healthcare professional** who sees...



Pregnant and postpartum patients and/or their children

Call & press 1 to connect with:

- Perinatal Psychiatrists
- Perinatal Licensed Mental Health Professionals
- Care Navigators



Patients 21 & under with mental health concerns

Call & press 2 to connect with:

- Child/Adolescent Psychiatrists
- Developmental Pediatricians
- Licensed Mental Health Professionals
- Care Navigators



Adult patients with substance use concerns

Call & press 3 to connect with:

- Addiction Medicine Specialists (18+)
- Licensed Mental Health Professionals
- Care Navigators