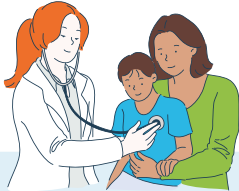




# Virginia Mental Health Access Program

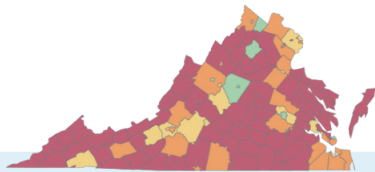
*Collaborative care for children & adolescents*

## The Problem



There are **only 15** child and adolescent psychiatrists for every **100,000 children** in Virginia

(AACAP 2024)



**100% of Virginia localities** are mental health professional shortage areas

(VDH 2024)



**65% of pediatricians** say they lack training, knowledge, & skills in pediatric mental health

(McMillan, J., et. al., 2017)

## The Solution

The **Virginia Mental Health Access Program (VMAP)** is a **FREE** statewide initiative that helps primary care clinicians take better care of children and adolescents with mental health conditions.

### How VMAP Helps PCPs

1

#### The VMAP Line

- **Free same-day consultation** with pediatric mental health specialists regarding patients 21 and under.
- **Care navigation** to help their patients connect with mental health resources.

2

#### Provider Education

- **Expert-led pediatric mental health trainings** that teach PCPs how to manage pediatric mental health.

### We're Already Making a Difference!



Over **3,000 clinicians** are registered with VMAP.



VMAP has trained over **2,300 primary care clinicians** to better screen for, manage, and treat pediatric mental health conditions.



**11,000 pediatric patients** across Virginia have been served through VMAP Line consultations.

Learn more about VMAP at [vmap.org](https://vmap.org)

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