Virginia Mental Health Access Program

Collaborative care for children & adolescents

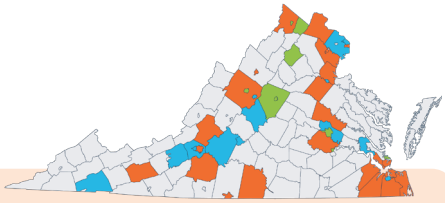
VMAP

The Problem



There are **only 15** child and adolescent psychiatrists for every **100,000 children** in Virginia

(AACAP 2024)



100% of Virginia localities are mental health professional shortage areas

(VDH 2024)



65% of pediatricians say they lack training, knowledge, & skills in pediatric mental health

(McMillan, J., et. al., 2017)

The Solution

The **Virginia Mental Health Access Program (VMAP)** is a **FREE** statewide initiative that helps primary care clinicians (PCCs) take better care of children and adolescents with mental health conditions.

How VMAP Helps PCCs

1 The VMAP Line

- **Free same-day consultation** with pediatric mental health specialists
- **Care navigation** to help patients and their families connect directly with local mental health resources

2 Continuing Medical Education

- Low- to no-cost, **expert-led pediatric mental health trainings** that equip PCCs to identify, assess, and manage common mental health concerns

Making a Difference Since 2019!

1 in 4 Virginia primary care clinicians caring for pediatric patients use VMAP, contributing to:



3,000+ clinicians registered with VMAP



2,000+ clinicians trained in pediatric mental health



11,000+ pediatric patients served through VMAP Line

Learn more about VMAP at vmap.org • @VMAPva

MSV FOUNDATION · healthhaven MENTAL HEALTH ACCESS PROGRAMS · DBHDS Virginia Department of Behavioral Health and Developmental Services · Virginia Chapter Incorporated in Virginia American Academy of Pediatrics · VDH Virginia Department of Health To protect the health and promote the well-being of all people in Virginia.