



Virginia Mental Health Access Program

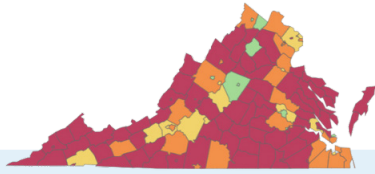
Collaborative care for children & adolescents

The Problem



Virginia ranks **48th lowest** in the U.S. in access to youth mental health care

(State of Mental Health, 2023)



100% of Virginia localities are mental health professional shortage areas

(VDH 2023)



65% of pediatricians say they lack training, knowledge, & skills in pediatric mental health

(McMillan, J., et. al., 2017)

The Solution

The **Virginia Mental Health Access Program (VMAP)** is a **FREE** statewide initiative that helps primary care providers (PCPs) take better care of children and adolescents with mental health conditions.

How VMAP Helps PCPs

1

The VMAP Line

- **Free same-day consultation** with pediatric mental health specialists regarding patients 21 and under.
- **Care navigation** to help their patients connect with mental health resources.

2

Provider Education

- **Expert-led pediatric mental health trainings** that teach PCPs how to manage pediatric mental health.

We're Already Making a Difference!



More than **1,300 Virginia providers** are registered with VMAP.



VMAP has trained over **1,100 providers** to better screen for, manage, and treat pediatric mental health conditions.



5,600 pediatric patients across Virginia have been served through VMAP Line consultations.

Learn more about VMAP at vmap.org •     @VMAPva

